

## CLASSES

Updated April 2021



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6am	<b>Lee's Burn</b> Abs, Booty & Thighs [bookings required]	<b>Circuit</b>	<b>HIIT Step</b> [bookings required]	<b>Circuit</b>	
9.15am	<b>Fusion</b> [Yoga / Pilates]		<b>Circuit</b> [kids welcome]		<b>Circuit</b> [kids welcome]
11am			<b>Zumba</b>		<b>Zumba</b>
6pm	<b>HIIT Step</b> [bookings required]	<b>Tabata</b> Strength & Cardio [bookings required]	<b>Body Pump</b> [bookings required]	<b>Lee's Burn</b> Abs, Booty & Thighs [bookings required]	

*\*Classes are subject to change without notice and numbers are limited due to current Covid-19 restrictions.*

**Please book online using the Classfit system – visit [www.leesgym.com.au](http://www.leesgym.com.au)**